

Pathways to Person-Centered Decision-Making and Alternatives to Guardianship

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NCAPPS



Welcome to Today's Webinar



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Thank you for joining us to learn about how disability systems are expanding alternatives to guardianship.

This webinar series is sponsored by the National Center on Advancing Person-Centered Practices and Systems (NCAPPS). NCAPPS is funded by the Administration for Community Living (ACL) and Centers for Medicare & Medicaid Services (CMS).

NCAPPS webinars are free and open to the public.

The goal of NCAPPS is to promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people across the lifespan.





Webinar Logistics

- Participants will be muted during this webinar. You can use the **chat** feature in Zoom to post questions and communicate with the hosts.
- Toward the end of the webinar, our speakers will have an opportunity to **respond to questions** that have been entered into **chat**.
- The webinar will be captioned in English and Spanish.
 - To access the English captions, please use this link: <https://www.streamtext.net/player?event=HSRI>
 - To access the Spanish captions, please use this link: <https://www.streamtext.net/player?event=HSRI&language=es>
 - El seminario de web estará subtulado en vivo en Inglés y Español. Para tener acceso a los subtítulos en Español, utilice este enlace: <https://www.streamtext.net/player?event=HSRI&language=es>
- This live webinar includes polls and evaluation questions. Please be prepared to interact during polling times.



Feedback and Follow-Up

- After the webinar, you can send follow-up questions and feedback about the webinar to NCAPPS@hsri.org.

(Please note that this email address is not monitored during the webinar.)

- The recorded webinar, along with a PDF version of the slides and a plain language summary, will be available within a few weeks at NCAPPS.acl.gov. We will also include questions and responses in the materials that are posted following the webinar.

Who's Here?

“In what role(s) do you self-identify? Select all that apply.”

1. Person with a disability/person who uses long-term services and supports
2. Family member/loved one of a person who uses long-term services and supports
3. Self-advocate/advocate
4. Peer specialist/peer mentor
5. Social worker, counselor, or care manager
6. Researcher/analyst
7. Community or faith-based service provider organization employee
8. Government employee (federal, state, tribal, or municipal)

Meet Our Speakers



JORDAN ANDERSON



DANA LLOYD



FIL CLISSA



MICHAEL KENDRICK



NORA BRAHE



LORI THOMPSON

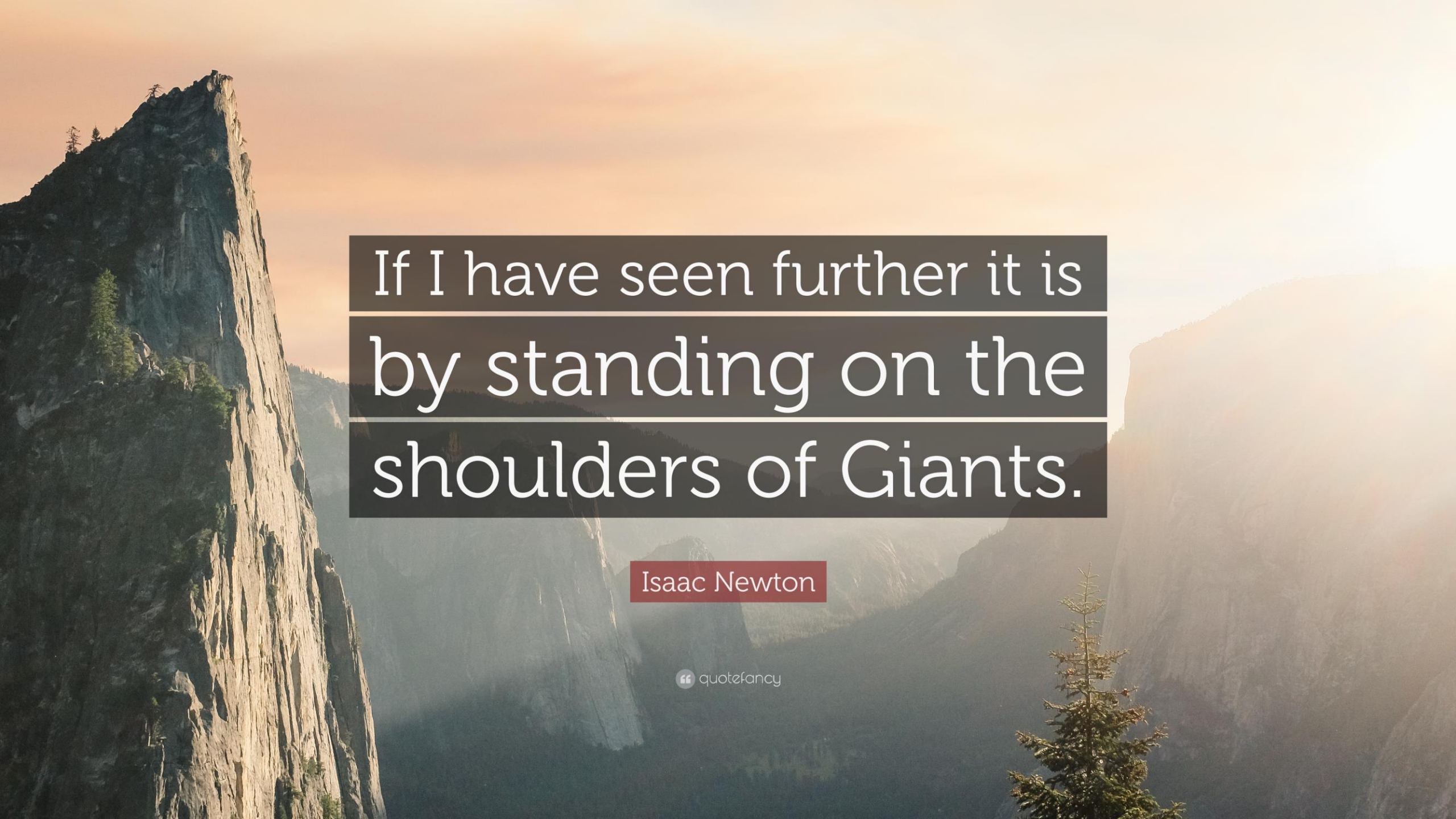
Michael Kendrick





Person-Centeredness: Getting Back to the Center

Dana Lloyd
Georgia Advocacy Office
dlloyd@thegao.org



If I have seen further it is
by standing on the
shoulders of Giants.

Isaac Newton

“

**"Institutionalization is
administrative control over
people's lives."**

”

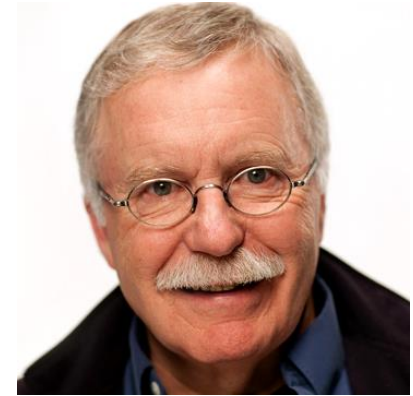
Ivanova Smith
Disability Civil Rights Advocate

One Question

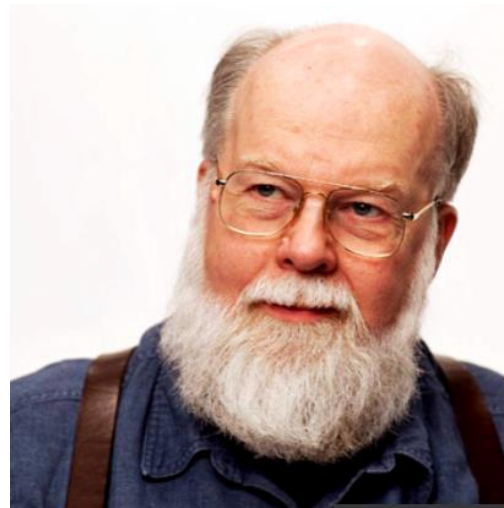
Who is the person and what do they need?

- Not a diagnosis or a label but the person as a human
- Not a service need a fundamental human need
- These answer would be true for anyone





What is Person Centeredness?



Moving away from a past characterized by:

Isolation, seclusion, and separation by location, activities, and schedule

Rejection, loneliness, always on the outside, ignored

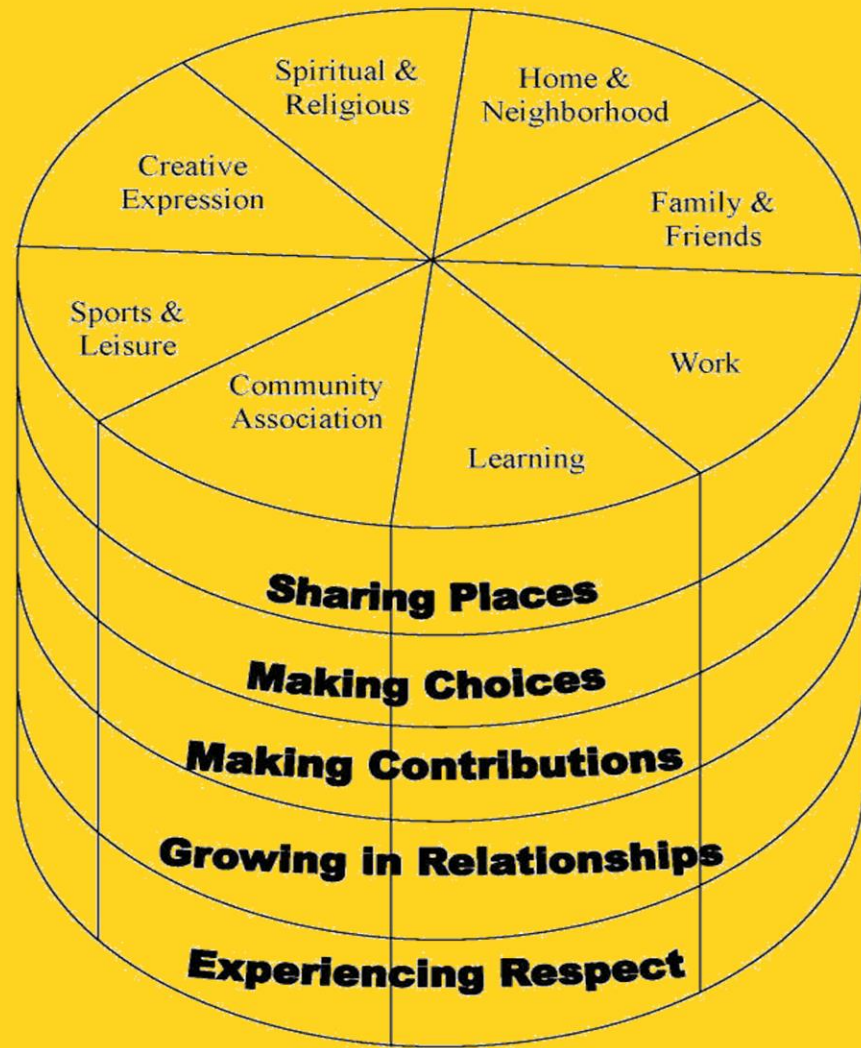
Old stories, negative reputation labels; negative self-fulfilling prophecies

Limited voice, restriction, lack of representation, no power,

Unproductive, severely ignored, undeveloped; no resources, low expectations



Will our choices reinforce old patterns of isolation, rejection, powerlessness, and poor reputations?



EIGHT SECTORS OF COMMUNITY LIFE

FIVE VALUED EXPERIENCES



How do we support people to create a **good life, a life well lived?**

- Recognize REAL choice is important
- Each person is treated with dignity & respect
- Natural supports/friendships & relationships are needed & vital
- Create opportunities for communication and for folks to be heard
- Create opportunities for community involvement
- Acknowledge that people are more alike than different
- Create opportunities to experience life
- Create opportunities for life to be joyful and productive

Ask a Different Question





Pistachio

Sweet Cream

Mocha

Chocolate

Salted Caramel

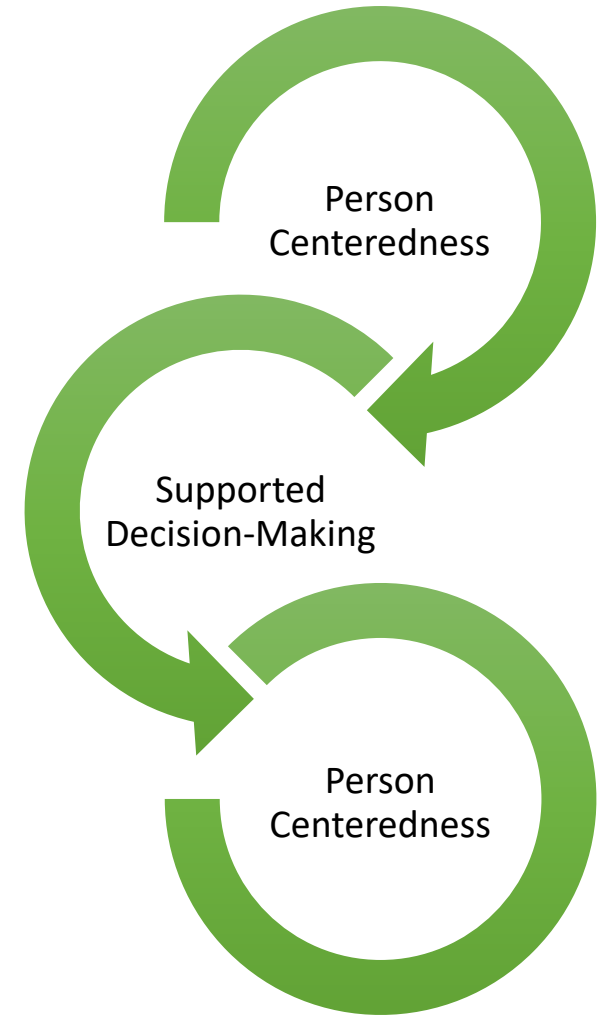
Cotton Candy

French Vanilla

Butter Pecan



Supported Decision-Making
is both a result of
AND
a tool to promote greater
Person Centeredness



Supported Decision-Making

Person Centeredness

DIRECT
ENLIST
CHOOSE
INFORM
DETERMINE
EXPERIENCE

I DECIDE helps highlight the most important parts of Supported Decision-Making.

When people are engaged in this way it is person-centered by nature.

It's
Possible



What I want, what I wish was different:

written by self-advocates

I
get it
wants to
be able to
eat out, go
do things out
side of
Day Program

Self Advocate:
• going where I want
• Making New Friend
• rights - to vote
- to go where
I want
• right to open my
own Mail

To be heard
make my own
decisions.
To live my life
for "me"

learn
How
TO
work
Computer

Tear the
roof off
of my
sheltered
life

Learn a Leader
Learn How to
Budgeting.
Learn to
Marketing.
Decision making
Pay my own
Bills

Budgeting
my
finance!

• To be able to
go to college.
• To be able to
live on my own.

It make me
feel important
That I am
important, I
been equally.

CONNECT A
RELATIONSHIP
WITH DISABLED
People
DON'T
SEGREGATE US

FREEDOM



Self-Determination “opens up zones of personal freedom. It facilitates uncoerced interactions.

[...We are] entirely right to focus on issues like opening and maintaining a bank account, going to the doctor without hassle, buying and selling in the open market, renting accommodations, etc.

This is how we positively express our freedom.”

- GERARD QUINN



Jordan Anderson
and Fil Clissa

Using SDM in Personal Life



Housing



Finances



Health Care

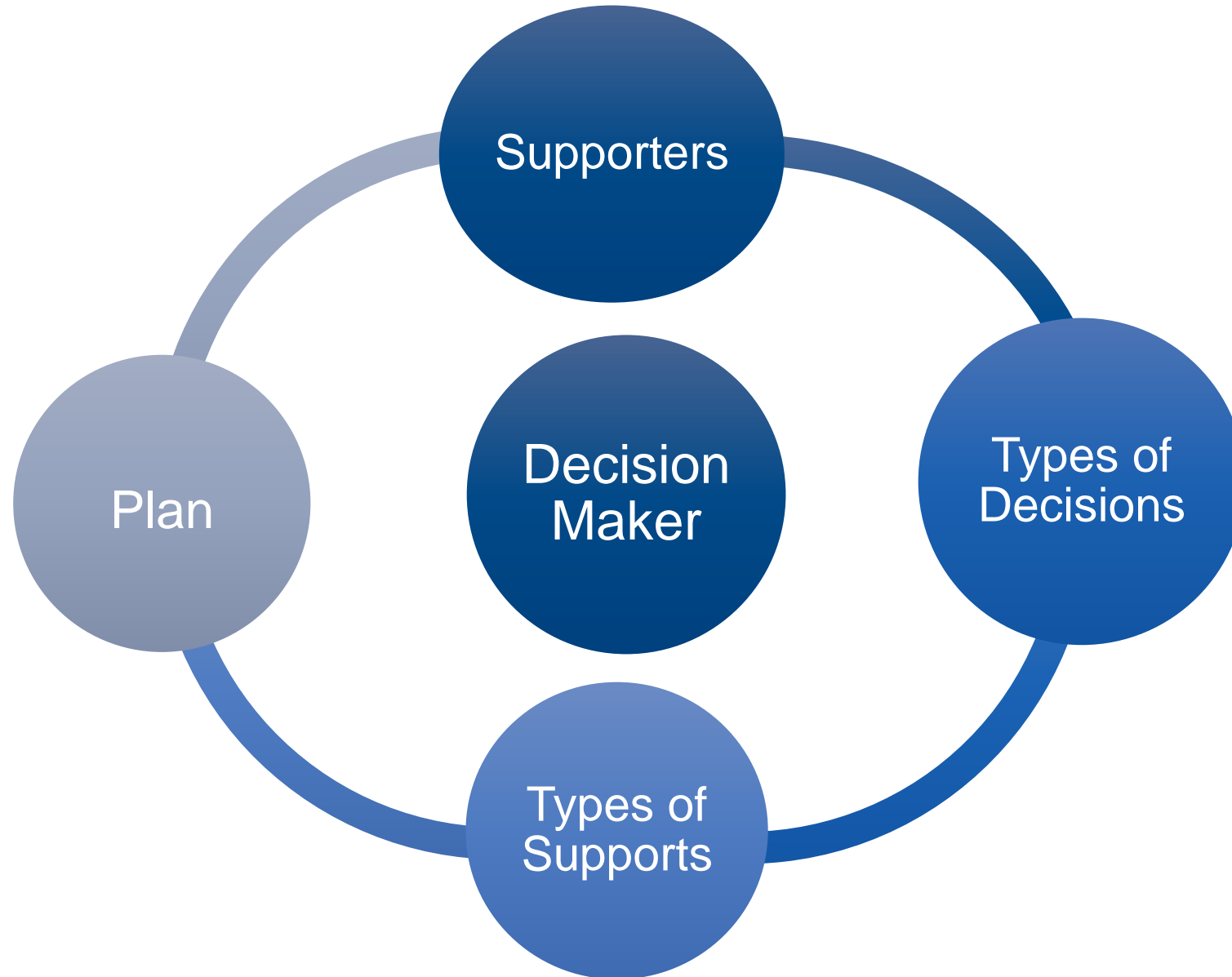


Leisure Time



Education, Employment

SDM Process



The Role of Supporters

- Supporters should be individuals that the person knows and trusts to provide the type of support they want for the types of decisions they want to make.
- The Person Can
 - assign certain supporters to certain types of decisions and not others.
 - have as many supporters as they wants.
 - fire their supporters at any time, and supporters have the option of quitting.

Building a Supportive Relationship

- Consider the individual's wishes first
- Provide the least restrictive form of support
- Allow for growth and maturity as a person experiences and practices new skills
- Talk about respect and boundaries
- Expect differences of opinion and world view
- Make room for change
- Focus on the present and future
- Think about how to disagree





Colorado's Efforts to Enhance SDM

- Speak Up Classes
- Person-Centered Thinking Trainers Meetings
- Colorado Developmental Disabilities Council: Self-Determination & Supported Decision-Making Guide
- Senate Bill 21-075



Moving Forward in Colorado

- Building partnerships to increase the number of individuals who have more control over their lives
- Provision of PCP training for all HCBS case managers
- Integrating PCP into transition coordination training
- Developing SDM training for HCBS providers and members
- Designing and implementing an exploratory project that will be conducted with a designated group of HCBS members and providers to learn and practice SDM training.



Questions?

Real-Time Evaluation Questions

- Please take a moment to respond to these six evaluation questions to help us deliver high-quality NCAPPS webinars.
- If you have suggestions on how we might improve NCAPPS webinars, or if you have ideas or requests for future webinar topics, please send us a note at NCAPPS@hsri.org

Real-Time Evaluation Questions pt. 2

- 1. Overall, how would you rate the quality of this webinar?**
- 2. How well did the webinar meet your expectations?**
- 3. Do you think the webinar was too long, too short, or about right?**
- 4. How likely are you to use this information in your work or day-to-day activities?**
- 5. How likely are you to share the recording of this webinar or the PDF slides with colleagues, people you provide services to, or friends?**
- 6. How could future webinars be improved?**

Resources

- [Supported Decision-Making and Guardianship Alternatives \(Wisconsin Board for People with Developmental Disabilities\)](#)
- <https://www.openfuturelearning.org>
- <https://www.cclds.org>
- <https://lipsonadvocacy.com/offerings>
- [Colorado Developmental Disabilities Council: Self-Determination & Supported Decision-Making Guide](#)
- [Senate Bill 21-075](#)

Thank You.

Register for upcoming webinars at

ncapps.acl.gov

NCAPPS is funded and led by the Administration for Community Living and the Centers for Medicare & Medicaid Services and is administered by HSRI.

The content and views expressed in this webinar are those of the presenters and do not necessarily reflect that of Centers for Medicare and Medicaid Services (CMS) or the Administration for Community Living (ACL) .

